

PARTIAL INSTRUCTIONS

Partial Care

Cleaning: Clean your partial daily using mild soap and a denture brush; **DO NOT USE TOOTHPASTE.** Clean with cool or warm water (**NEVER HOT**). To prevent damage from dropping, clean over a sink filled with water or a sink with a towel in it. Remove partial after each meal and rinse excess food from your mouth and the partial.

Storage: Partials should always be in one of two places: your mouth or a denture bath. The denture bath should consist of water or a denture-soaking solution (*i.e.*, Polident or Efferdent). Occasionally, you may use a vinegar solution (*e.g.*, 1 tsp vinegar in a cup of water) to help dissolve tartar.

Gum and Teeth Care: Never sleep with your partial in your mouth; your gums need to rest. Daily, brush your remaining teeth and gums with a soft tooth brush and rinse your mouth.

What to Expect with a New Partial

Eating: Partials are very different from your natural teeth; unlike your teeth, partials can have slight movement. Learning to eat with your partials will take time. To help with this, you should start by eating softer foods.

Speaking: Your partial teeth may not be in the same location as your natural teeth or the teeth of a previous partial. In a short time, your mouth will adjust, and any potential lisps should go away.

Soreness and Adjustments: Soreness with new partials is normal, especially with immediate partials. We will typically see you one week after delivery to evaluate your new partial and gums. **IMPORTANT:** If you begin to develop a sore spot, take your partial out and let your gums rest for about 24 hours and then try to wear the partial again. If you are still getting a sore spot in the same location after 2 or 3 cycles, leave the partial out--**DON'T LET** it make a blister. Call our office for an adjustment appointment. Leave the partial out until 24 hours before your appointment. Then, wear the partial for about 24 hours before the appointment so we will be able to see the sore spot.

Partial Loosening: Over time, the metal clasps that hold your partial in may need to be tightened. Please call our office for an adjustment.

Implant Partials: If you have a partial attached to an implant, there are various parts that can wear out over time. Your partial needs to be inspected at least once a year (or sooner if you are experiencing any movement issues) to make sure that none of the parts need to be replaced.

IF YOU STOP WEARING YOUR PARTIAL, YOUR TEETH WILL SHIFT AND YOUR PARTIAL WILL NO LONGER FIT. PLEASE LET US ADJUST YOUR PARTIAL TO HELP YOU WEAR IT BEFORE YOUR TEETH SHIFT!!!

Enjoy Your New Partial!
Call us at 334.248.6816 with any further questions!